



BANK OF AMERICA

PLAZA

101 E Kennedy Blvd. • Tampa, FL 33602

October 2025

BANYAN STREET CAPITAL

PROPERTY MANAGEMENT

813.221.7474

Chris Wergers - Sr. Property Manager
Christian Ramirez - Property Manager
Jennifer Chez - Asst. Property Manager
David Arscott - Area Chief Engineer
Isaac Conrad - Asst. Chief Engineer
Mary Anne Quigley - Concierge

CBRE LEASING TEAM

Philip Weber
Barry Hanerfeld
Molly Molloy Catlett



CORPORATE MASSAGE OF TAMPA

On-Site Relief for Stress and Pain

Onsite Chair Massage Therapy is on
Wednesday, October 22, from
11:00 am - 3:00 pm, in Suite 225. Visit
corporatemassagetampa.com to
schedule an appointment.



BANYAN STREET CAPITAL

PINKTOBER

In honor of Breast Cancer Awareness Month, please join the Bank of America Plaza Management Team on Wednesday, October 1, at 11:30 a.m., in the third floor lobby for a Pinktober event. This event will shine a spotlight on The Pink Fund Organization, a national breast cancer non-profit organization that provides financial support to help meet basic needs, decrease stress levels and allow breast cancer patients in active treatment to focus on healing while improving survivorship outcomes. The grant program allows them to meet the patients' critical expenses for housing, transportation, utilities and insurance while improving their lives through household payments, community engagement and education.



Join Friends of the Riverwalk for their 9th annual Riverwalk Trick-or-Treat event on Saturday, October 25, from 4:00 pm - 7:00 pm. This FREE community event invites children in costume and their families to come and trick or treat along the Tampa Riverwalk from Cotanchobee Park to The Tampa Convention Center. Trick-or-Treat Bags are available in Cotanchobee Park starting at 3:45 pm, while supplies last. There will be more than 50 treat stations to stop by, as well as other fun activities, like a pumpkin patch, costume contests, flash mobs and a Halloween Movie in the Park event at 7:00 pm, in Cotanchobee Park. See you there.

oneblood

Share your power.

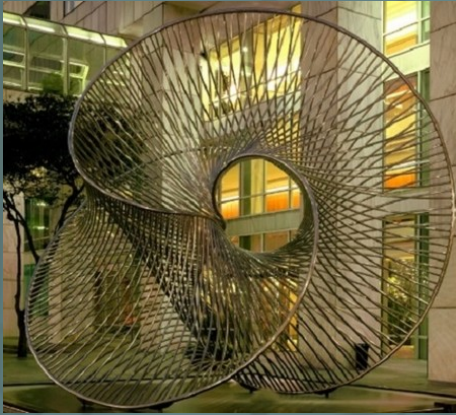
BLOOD DRIVE

Bank of America Plaza will have a Blood Drive on Wednesday, October 1, from 10:00 am - 3:00 pm. Go to oneblood.org to schedule an appointment.



Hill Ward Henderson	39 yrs
Quarles	11 yrs
Universal Court Reporting	10 yrs
Carollo	5 yrs
Plenary	3 yrs
The Finley Group	1 yr

FOLLOW US ON INSTAGRAM



BUILDING AMENITIES

Bank of America
Bicycle Repair Station
Caffe Fresco
Concierge Services
Electric Vehicle Charger
Fitness Center
Jackson Dental
KJ's Auto Detailing
Shoe Shine by Robert
Stork Parking
Tenant Conference Center
The Solo Hair Salon
The Tampa Club

RETAIL

Designing Eyes
DeVito's Italian Restaurant
GenX Tavern
Goldfingers Aesthetics
Hotel Bar
The Pint & Brew
Tropical Smoothie



Rock the Park, downtown Tampa's FREE monthly music series showcasing musical talents of all genres is Thursday, October 2nd, from 6:30 pm - 9:30 pm, in Curtis Hixon Waterfront Park. Rock the Park is a family- and pet-friendly event, and attendees are encouraged to bring lawn chairs and blankets.



Grab your koozie, bring your bib and get ready to go hog wild at the annual Tampa Pig Jig on Saturday, October 18th, from 1:00 pm - 10:00 pm, in Julian B. Lane Riverfront Park. The Pig Jig is an annual fundraising event featuring live music and a BBQ competition. This year's musical lineup includes country music superstar Megan Maroney. For more information and/or to purchase tickets, please go to tampapigjig.com.



Oktoberfest Tampa is October 10 – 12, in Curtis Hixon Park. Come celebrate with German cheer, dancing and singing to cooler weather. The Fest is a time to unwind and make new friends, learn new customs and sing a few songs. Help tap the inaugural keg on Friday as the doors open to Tampa's largest Oktoberfest. For more information, please go to oktoberfesttampa.com.



Downtown's Backyard Market is Thursday, October 9, from Noon - 4:30 pm, on the Esplanade. Discover a hidden oasis of farm-fresh goodness, right in the heart of the Downtown Core. Downtown's Backyard Market is your go-to destination for a taste of the countryside, conveniently located in the hustle and bustle of the city. Stroll through our vibrant market, where the aroma of freshly picked produce and the chatter of eager shoppers fill the air.



RECYCLING REMINDER

Many of us remember to place food packaging, such as tin cans or plastic soda bottles, in the recycling bin. But don't forget, there's a lot that can be recycled in the bathroom: shampoo, lotion, mouthwash bottles, toilet paper rolls and tissue boxes.



POLICE MEMORIAL RUN

The 31st Annual Tampa Police Memorial 5K Run and 1-mile Run/Walk is on Saturday, October 11, at 8:00 am, in Lykes Gaslight Park rain or shine. To register, please go to raceroster.com.



Health & Wellness



Take Care of Your Teeth

October is National Dental Hygiene Month, highlighting the importance of proper oral care. Besides keeping your smile looking its best (just in time for World Smile Day!), good dental health also contributes to overall health by ridding your mouth of harmful bacteria that can enter the bloodstream.

Good dental health is rooted in the basics of daily brushing and flossing, eating a proper diet and regular dental visits.

Brush your teeth and gums at least twice a day, giving your tongue a few gentle strokes to remove excess bacteria. Replace your toothbrush every few months; a good reminder is to get a new toothbrush with each new season of the year. Floss once per day to remove plaque and food particles from areas the toothbrush can't reach. Rinse with water after brushing or flossing.

A proper diet also benefits dental health. Keep sugary snacks to a minimum, and brush after consuming them.

Visit your dentist every six months for professional cleanings and checkups. Also see your dentist right away if you experience tooth pain, swollen gums or any sort of bleeding in the mouth.



Wit & Wisdom

"I often think that the night is more alive and more richly colored than the day."

—Vincent Van Gogh

"A man is a very small thing, and the night is very large and full of wonders."

—Lord Dunsany

"The night walked down the sky with the moon in her hand."

—Frederic L. Knowles

"The cloud shadows of midnight possess their own repose."

—Percy Bysshe Shelley

"The heights by great men reached and kept were not attained by sudden flight, but they, while their companions slept, were toiling upward in the night."

—Henry Wadsworth Longfellow

"So the darkness shall be the light, and the stillness the dancing."

—T.S. Eliot

"To me, every hour of the day and night is an unspeakably perfect miracle."

—Walt Whitman

"Deep into that darkness peering, long I stood there, wondering, fearing, doubting, dreaming dreams no mortal ever dared to dream before."

—Edgar Allan Poe

"The moon looks upon many night flowers; the night flowers see but one moon."

—Jean Ingelow

"Give light, and the darkness will disappear of itself."

—Desiderius Erasmus

October 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Pinktober Event 11:30 am 3rd Floor Lobby Blood Drive 10:00 am - 3:00 pm	2	3	4
5	6	7	8	9 Downtown's Backyard Market Noon - 4:30 pm Esplanade	10 Oktoberfest 4:00 pm - 11:00 pm Curtis Hixon Park	11 Police Memorial Run 8:00 am Lykes Gaslight Park Oktoberfest 11:00 am - 11:00 pm Curtis Hixon Park
12 Oktoberfest 11:00 am - 6:00 pm Curtis Hixon Park	13 Columbus Day	14	15	16	17	18 Tampa Pig Jig 1:00 pm - 10:00 pm Julian B. Lane Park
19	20	21	22	23	24	25 Riverwalk Trick or Treat 4:00 pm - 7:00 pm Tampa Riverwalk
26	27	28	29	30	 31	

"This Month In History"

OCTOBER

1792: In the nation's new capital city, Washington, D.C., the cornerstone of the White House is laid.

1903: The Boston Americans defeat the Pittsburgh Pirates five games to three to win the first World Series.

1931: Comic strip crime fighter "Dick Tracy" debuts.

1949: At a ceremony in Beijing, revolutionary leader Mao Zedong formally announces the creation of the People's Republic of China.

1955: Children's TV shows "Captain Kangaroo" and "The Mickey Mouse Club" air their first episodes.

1957: The Space Age begins when the Soviet Union launches Sputnik I, the first man-made satellite, into orbit.

1962: "Dr. No," the first in the popular James Bond spy film franchise, premieres in London.

1979: Mother Teresa wins the Nobel Peace Prize for her work with the poor in India.

1982: The musical "Cats" opens on Broadway, beginning a record run of more than 7,000 performances.

1995: Rallying for unity and family values, hundreds of thousands gather in Washington, D.C., for the Million Man March.

2000: An American astronaut and two Russian cosmonauts arrive for a four-month stay as the first residents of the International Space Station.

2003: Supersonic jet travel comes to an end when the final flights of three Concorde passenger jets land at London's Heathrow Airport.

2011: The Martin Luther King Jr. Memorial is formally dedicated in Washington, D.C., after a postponement due to Hurricane Irene.