

February 2022

BANYAN STREET

PROPERTY MANAGEMENT

813.221.7474

101eastkennedyhandbook.com
Lynn Vilmar - Sr. Property Manager
David Arscott - Chief Building Engineer
Isaac Conrad - Asst. Building Engineer
Jennifer Chez - Admin Assistant
Mary Anne Quigley - Concierge

CBRE LEASING TEAM

Philip Weber Barry Hanerfeld





PLAZA

101 E Kennedy Blvd. • Tampa, FL 33602





GO RED FOR WOMEN

The American Heart Association's signature women's initiative, Go Red for Women, is a comprehensive platform designed to increase women's heart health awareness and serve as a catalyst for change to improve the lives of women globally. It's no longer just about wearing red; it's no longer just about sharing heart health facts. It's about all women making a commitment to stand together with Go Red and taking charge of their own heart health as well as the health of those they can't bear to live without. Making a commitment to your health isn't something you have to do alone either, so grab a friend or a family member and make a Go Red Healthy Behavior Commitment today. In support of the campaign Bank of America Plaza will fly red flags throughout the month of February.



HAPPY ANNIVERSARY

Capco
Ankura
Carollo
McNatt's
Bank of America
Salem Solutions
Zuckerman Spaeder
Boyd Watterson Asset Mgt.



RECYCLING REMINDER

Many of us remember to place food packaging, such as tin cans or plastic soda bottles, in the recycling bin. But, don't forget, there's a lot that can be recycled in the bathroom: shampoo, lotion, mouthwash bottles, toilet paper rolls and tissue boxes.



The EV Charging Station is located on the 6th floor of the parking garage.



HAPPY VALENTINE'S DAY

Valentine's Day is Monday, February 14th. Happy Valentine's Day from Banyan Street Capital.



LOBBY MUSICIANS

Andrew Kendle, clarinet
 Maria Laude, piano
 Lorna Anderson, piano



BUILDING AMENITIES

Bank of America Bicycle Repair Station Caffe Fresco Caffe Fresco Marketplace Concierge Services Electric Vehicle Charger Fitness Center **Jackson Dental** KJ's Auto Detailing Live Musical Performances McNatt's Dry Cleaners Restless Styles Shoe Shine by Robert Stork Parking **Tenant Conference Center** Tenant Lounge The Tampa Club

RETAIL

Designing Eyes
DeVito's Italian Restaurant
European Wax
GenX Tavern
Hotel Bar
The Pint & Brew
Tropical Smoothie





GIFT BASKET WINNER

Shiver Me Timbers! The winner of the Gasparilla Gift Basket is Peg Thomas of Greenberg Traurig, Suite 1900. The correct answer to the trivia question was Jose Gaspar. Congratulations, Peg!



GASPARILLA MUSIC FESTIVAL

The Gasparilla Music Festival is February 25-27 in Curtis Hixon Waterfront Park. With over 40 bands in the line-up this year's Festival is guaranteed to rock downtown. For more information, please visit gasparillamusic.com.



GASPARILLA DISTANCE CLASSIC

Lace up your favorite running shoes and start training for the 44th annual Gasparilla Distance Classic the weekend of February 26-27. With a multitude of events for runners, walkers and a 5K Stroller Roll you won't want to miss out on this favorite event. For more information, please go to rungasparilla.com.



BEER, BOURBON & BBQ FESTIVAL

The 8th annual Beer Bourbon & BBQ Festival is Saturday, February 19th from noon - 6:00 pm in Curtis Hixon Park. The event will feature a great day of beer sippin', bourbon tastin', music listenin', cigar smokin', and barbeque eatin'. Your admission buys you a sampling glass so you can enjoy an ALL-YOU-CARE-TO-TASTE sampling of beer and bourbon. For more information, please visit eventbrite.com.



STORK PARKING

Just a friendly reminder Bank of America Plaza offers Stork Parking to expectant mothers who are in their third trimester and have monthly parking garage privileges. For more information, please contact the parking garage office at 221-7477.



The Gasparilla Knight parade is Saturday, February 12th, at 6:00 pm in Ybor City.



Raspberry Mocha Parfait

Whip up a smooth and creamy dessert that features the classic combination of coffee, chocolate and raspberries.

Ingredients:

- 2 tablespoons hot water
- · 1 tablespoon instant coffee
- 2 cups milk
- 1 packet chocolate pudding mix
- 1 carton whipped topping
- 1 cup heavy cream
- 1/4 teaspoon cream of tartar
- 1/2 teaspoon vanilla extract
- · 2 tablespoons sugar
- 2 cups fresh raspberries
- · Chocolate powder

Directions:

Mix hot water and instant coffee in a small bowl and let cool.

In a medium bowl, blend milk and chocolate pudding mix until thickened. Mix in cooled coffee. Add whipped topping and mix well. Chill.

Make whipped cream: In a large bowl, add heavy cream, cream of tartar and vanilla extract. Beat mixture to form peaks. Gradually add sugar and continue beating until stiff peaks are formed.

In a clear glass, layer chocolate mixture, whipped cream and raspberries. Add more pudding, a dollop of whipped cream, and a raspberry; dust with chocolate powder.

For more recipes, visit Culinary.net.



Wit & Wisdom

"Nothing is more romantic than chocolate." —Ted Allen

"Love is like swallowing hot chocolate before it has cooled off. It takes you by surprise at first, but keeps you warm for a long time." —Henri Frederic Amiel

"The goal of life is to make your heartbeat match the beat of the universe."

—Joseph Campbell

"There's a sure shot way to get rid of that frown, when you have some chocolate around." —Manali Manan Desai

"When you can't find the silver lining, look for the chocolate lining."

—Cathy Guisewite

"Your flaws are perfect for the heart that's meant to love you." —Trent Shelton

"Nobody has ever measured, not even poets, how much the heart can hold."
—Zelda Fitzgerald

"Chocolate is the first luxury. It has so many things wrapped up in it: deliciousness in the moment, childhood memories, and that grin-inducing feeling of getting a reward for being good."

—Mariska Hargitay

"A kiss makes the heart young again."
—Rupert Brooke

"As long as there is chocolate, there will be happiness." —Wayne Gerard Trotman

February 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	Andrew Kendle 11:30 - 1:30	3	NATIONAL WEAR REDUZAY	5
6	7	8	Wellness Wednesday 11:00 - 3:00 Maria Laude 11:30 - 1:30	10	11	12
SUPER BOWL	14 HAPPY Valentine 5 DAY	15	16 Maria Laude 11:30 - 1:30	17	18	19 Beer, Bourbon & BBQ Festival
20	Presidents Day 21	22	23 Lorna Anderson 11:30 - 1:30	24	25	26 Gasparilla Distance Classic Gasparilla Music Festival
27	28	February				

"This Month In History"

FEBRUARY

1942: Year-round daylight saving time, called "war time," is signed into U.S. law by President Franklin D. Roosevelt. To save energy, all time zones moved ahead one hour until the end of World War II.

1950: Disney's animated fairy tale feature "Cinderella" delights audiences when it opens in movie theaters.

1960: In a civil rights movement milestone, four Black college students begin a sit-in protest at a lunch counter in Greensboro, N.C., where they had been denied service.

1972: With over 15 million manufactured, the Volkswagen Beetle becomes the world's bestselling car.

1989: A network of 24 GPS satellites is launched into orbit over Earth, revolutionizing navigation and everyday technology.

1998: British singer-songwriter Elton John is knighted by Queen Elizabeth II for his contributions to music and his charity work.

2006: A blizzard buries the Northeast. New York City received a record-setting 26.9 inches of snow.

2020: At the Oscars, the South Korean thriller "Parasite" is named best picture. It was the first foreign-language film to win the top honor.

